

Momentum

Creativity
is afoot



Pilotview Home resident Laura Rivera uses her right foot to paint with passion.

Laura has cerebral palsy and a thriving art business.





A MESSAGE FROM PEGGY TERHUNE,
PH.D., MBA, OTR/L, PRESIDENT & CEO

As we look to Monarch's next 65 years, we recently completed a strategic planning process that not only addresses the current health care landscape, but also lays a firm foundation to ensure that Monarch remains a leader in the industry in the future. Our new Strategic Plan outlines our vision and the actionable steps we will take to thrive. It also recognizes that success is the result of aligning our resources, talents and efforts toward a shared purpose and specific goals.

Our new strategic pillars include:

PROVIDER OF CHOICE: Monarch will be a provider of choice with a focus on providing quality care for all patients and people supported.

FINANCIAL STRENGTH: Monarch will strive to operate services at a positive margin providing capital to reinvest in our staff, resources, facilities and service expansion.

EMPLOYER OF CHOICE: Monarch will be a highly sought-after employer in the industry and known for strong leadership, competitive pay, engaged staff and an attractive company culture.

GROWTH & INNOVATION: Monarch will intentionally explore opportunities to expand existing services or add new service lines in demand by payers, patients, people supported, families, stakeholders and providers.

We invite you to join us in this work and we look forward to sharing our progress with you! **To learn more, visit MonarchNC.org/strategic-plan.**

Thank you for your continued support of Monarch and the services we provide.

BEHAVIORAL HEALTH SERVICES



Jodi Nehring's journey at Club Horizon

Visit Monarch's **Club Horizon Psychosocial Rehabilitation (PSR)** program in Raleigh, and you will see Jodi Nehring, smiling behind the snack bar.

After rejoining Club Horizon in July 2023, Jodi embraced the program's mission of promoting recovery, self-reliance and friendship for adults with serious and persistent mental illness. There she found a safe, supportive program and dedicated staff to help her build essential life skills.

Jodi, who is diagnosed with Major Depressive Disorder and a learning disability, works at the snack bar, managing the cash register, overseeing cleanliness and restocking shelves and the cooler. Beyond the snack bar, Jodi loves cooking meals for other program participants.

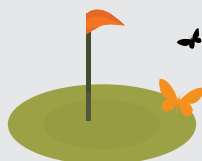
"I get to take what I learn here and put it into my everyday activities," Jodi says.

DONATIONS

\$82,993
RAISED

BY PARTNERS AND SUPPORTERS

Through corporate partnerships and sponsorships, Monarch raised \$82,993 during our 2024 Dreams Take Flight Golf Tournament in May.



Give today at MonarchNC.org/donate





Laura Rivera: artist and business owner

When **Laura Rivera** arrived as a new resident at Monarch’s Pilotview Home in King, North Carolina, she brought a spirit of creativity and originality that shines through her artwork.

Born with cerebral palsy, Laura, 54, faces significant physical challenges. She does not speak and does not have use of her hands. However, those obstacles have only fueled her determination. Utilizing devices such as an iPad to communicate and a custom-made wheelchair for mobility, Laura has found innovative ways to express herself and connect with the world around her.

One of Laura’s most remarkable achievements is her ability to create stunning artwork using only her right foot. Even as her physical limitations worsened over time, she refused to abandon her passion for art. Today, Laura not only creates beautiful paintings but also manages her own Facebook page, highlighting and selling her artwork. Her dedication and talent were on display at the High Point Furniture Market this spring, where she sold all the artwork she had created.

To explore Laura’s artwork, visit her on Facebook at <https://www.facebook.com/myritefoot/about>



Lori Britt, Donor

Why I give

Monarch and their mission is near and dear to my heart, as I have had family members that struggled with mental illness. For those individuals and families that do not have the resources available to care for a loved one with the skills that are needed, Monarch provides help and support.

I am happy to donate to this worthy cause and encourage anyone willing to join me!

Give Today at MonarchNC.org/donate

Southern Pines sensory garden dedicated

The **Michael Jonathan McCrann Sensory Garden** was recently dedicated in honor of **long-time Monarch Board Member and disabilities advocate Mike McCrann**. Featuring a winding path, water features, kinetic sculptures, artwork and a variety of plants and trees, the garden will offer year-round engagement and sensory stimulation for program participants at the Monarch Creative Arts and Community Center and the broader Southern Pines community. The garden was made possible through the support of generous Monarch families, friends and local community members.


“We are proud to know that this project, and seeing the people Monarch supports enjoy this space, would have made our dad happy,” said daughters Josephine Brannon McCrann II and Kelly McCrann, during the recent celebration.

To learn more about the garden and take a virtual tour, scan this QR code. >





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and services?

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