

# Momentum



## "Believing can change reality."

Believing that you can, you will be more likely to succeed. Mitchel believed that I could do it, inspired me and encouraged me every step of the way."

— **Jeremy Lee**, production worker at Goodwill Industries of Central North Carolina in Guilford County

After being incarcerated for eight years, Jeremy has a second chance thanks to Monarch's Employment Support Professional **Mitchel Stewart**. 🦋



### A MESSAGE FROM PEGGY

**On the eve of our 65th anniversary, we are extending Monarch's reach by 825 miles!** We recently expanded services to the Providence, Rhode Island area where we will provide specialized residential support for people with mental illness and/or intellectual and developmental disabilities. Our services will allow individuals now residing in behavioral health hospitals to move into an apartment or group setting and live as independently as possible with support from Monarch staff. These services will include the innovative use of in-home technology to promote independence and safety, and staff will provide support for additional needs such as employment, physical health and community involvement, which affect overall health, well-being and independence. Learn more at [MonarchRI.org](http://MonarchRI.org).

**This expansion of services is Monarch at its very best!**

Who would have guessed that 65 years ago, the Stanly County Chapter of the North Carolina Association for Retarded Children would become Monarch and provide hope and healing to thousands of people across the state and beyond? **It's all thanks to people like you!**

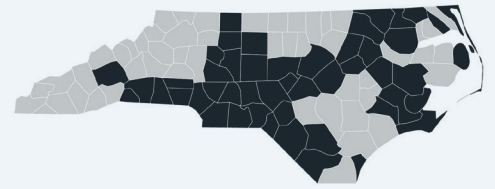
**Thank you for your support of Monarch!**  
**Use this QR code to give today.**



# 42,507

RURAL NC RESIDENTS CAN BE  
SERVED BY MONARCH'S MOBILE  
INTEGRATED CARE CLINICS

**In partnership with Trillium Health Resources, two Mobile Integrated Care Clinics travel weekly to Gates, Halifax, Nash, Northampton, Bertie and Hertford counties in Eastern North Carolina offering mental health and substance use disorder services.**



MONARCH HAS LOCATIONS IN  
**48 NC  
COUNTIES**



John Misiaszek, Volunteer

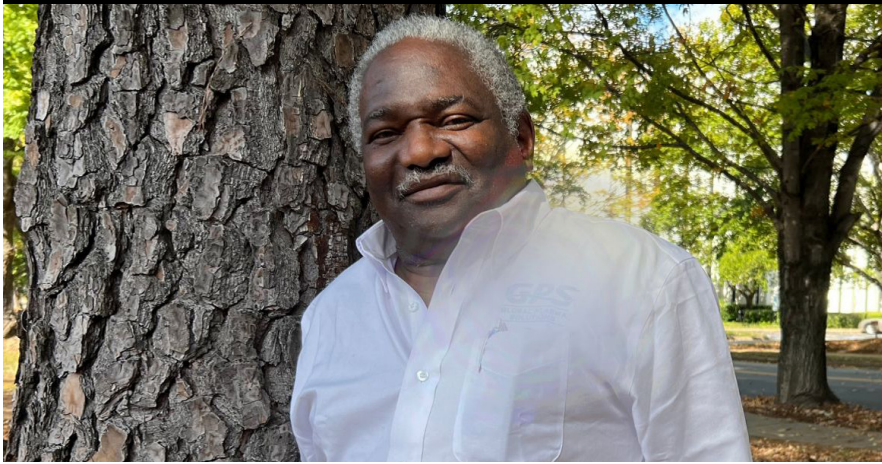
## Volunteer Hits Hole-In-One with Fundraiser

**John Misiaszek** is well known among Moore County's golf community for collecting old golf balls, selling them to be refurbished and donating the proceeds to Monarch. He took over the effort from his late friend Bill Collier, whose daughter, Cathy, receives day program services from Monarch.

John says that delivering the donation checks to Monarch's site in Southern Pines made him happy. **"My heart would explode knowing they have a place to go and do things. It brought me joy. It is all the reward I need."**



## BEHAVIORAL HEALTH SERVICES



**Harrison Ervin** finds support and recovery through a variety of Monarch services.

## Navigating a New Path in Life

**Harrison Ervin** knows what it is like to have fallen through the cracks. His own journey to recovery from mental illness and substance use disorders now allows him to help others in need.

Harrison has received a variety of mental health services from Monarch including individual therapy, medication management and Individual Placement and Support employment services. Each level of support has been designed to help Harrison find recovery and discover the tools that will help him remain well in the future.

Today, he volunteers at A Roof Above homeless shelter in Charlotte and watches for opportunities to connect with people who are struggling as he once did.

**"It is amazing when some of them are directed in ways to better themselves," he says. "You see their whole livelihood on their face changes."**

"As we celebrate  
65 years of service,  
**THANK YOU**  
for being part  
of Monarch's story!"

Peggy Terhune, Ph.D., MBA, OTR/L  
*President and CEO*



MONARCH PROVIDED  
HELP AND HOPE  
TO MORE THAN  
**29,500**  
PEOPLE IN 2022

## LONG-TERM SERVICES & SUPPORTS



**Beth Townsend** shares a smile with Stanly Industrial Services Site Manager **Antwain Hamilton**

## Finding the Balance

When the doors to Monarch's Lafayette Drive Group Home in Albemarle opened in 1995, **Beth Townsend** was the first resident to settle in. At that time, Lafayette Drive was the first group home established in North Carolina for people diagnosed with Prader-Willi syndrome, a rare genetic disorder most noted by an unsatisfied hunger that can cause obesity if not closely monitored.

Beth also attends Monarch's Stanly Industrial Services day program where she enjoys activities with her peers. She exercises at the local YMCA, practices yoga and swimming and works on art projects.

Beth is very proud of being the first Lafayette Drive Group Home resident, saying,

**"I like to have my own place, and I don't have to live at home. I can do things myself."**

To read more in-depth stories,  
visit [monarchnc.org/news](https://monarchnc.org/news).





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**SAVE THE DATE!**



**Monday, May 15, 2023**  
Kannapolis, North Carolina

Visit [MonarchNC.org/golf](https://MonarchNC.org/golf) to register!

**On April 27, we celebrate Monarch's 65th anniversary  
of providing hope and healing.**



**Integrity. Innovation. Compassion. Courage. Respect. Excellence.**