

# BARRIERS TO RECEIVING LONG TERM SUPPORTS & SERVICES

**Long Term Supports and Services:** “Health-related services and supports needed by individuals who lack the capacity for self-care due to a physical, cognitive, or mental disability.”

## MEDICAID FUNDING

- Means-tested
- Not portable across state lines
- Differs from state to state
- Does not meet the demand for community-based LTSS

## UNMET NEEDS

- Either accept services that are available but inadequate, or receive none at all
- Long waiting lists to receive a Medicaid Waiver
- Low satisfaction with the quality and quantity of services

## INSTITUTIONAL BIAS

- Lack of decision making
- Decisions based on availability and cost
- Institutional services are mandatory under federal law, community-based services are not

## WORKFORCE CRISIS

- Loss of direct support professionals during COVID-19
- Continued shortage
- Quality, quantity, recruitment, and retention impacted by funding

