

Wonderfully Made NEWSLETTER

QUARTERLY NEWSLETTER CELEBRATING OUR SHARED MISSION



Honoring UMAR's Legacy by recognizing and celebrating accomplishments and milestones with you as a trusted community partner.

HONORING THE LEGACY. BUILDING THE FUTURE.

It has been over two years since Monarch Healthcare welcomed UMAR into its family, uniting two organizations deeply rooted in compassion, dignity and service. Since then, we have remained committed to honoring and preserving the UMAR identity while building on the legacy of programs and services that our communities, churches and families cherish.

UMAR LEGACY FUND

A tribute to the extraordinary history and impact of UMAR in shaping inclusive and empowering services for adults with I/DD.

Gifts to the UMAR Legacy Fund support the ongoing operations of these beloved and essential programs. Whether through annual giving or a legacy gift in an estate plan, donors can designate their contributions to specific homes or programs that hold personal meaning.



MEET THE PEOPLE IN YOUR NEIGHBORHOOD - THE ANNUAL CHARLOTTE LUNCHEON



In May, over 300 guests gathered at Providence UMC in Charlotte for our annual art sale and fundraising luncheon. The theme, "Meet the People in Your Neighborhood," was a joyful celebration of the many ways our UMAR Legacy residents and program participants engage with the broader community through work, volunteerism and special activities that enrich their daily lives.

Guests heard from program participants and community businesses who employ and support them, including Harris Teeter, McGill Rose Garden, RockBox, Lydia's Loft, Carolina Doggie Playland, Charlotte ToolBank, Atrium Health - Carolinas Medical Center and Providence United Methodist Church. We danced in a flashmob, watched a boxing routine and celebrated creativity in the arts, reminding us that engaging with community creates a life of connection, purpose and meaning.

As the theme suggests, we are blessed to know the people in our neighborhood. Special thanks and best wishes to Pastor Randy Harry at Providence UMC, whose partnership, support and mentorship have provided countless opportunities for our participants to thrive!

ENGAGEMENT OPPORTUNITIES AND UPCOMING EVENTS

We are grateful for your continued trust, partnership and support in the programs and services that benefit the most vulnerable individuals in our communities. We welcome your involvement with residents and program participants through volunteer activities and community programs. Your congregation is an important part of the lives of the people we support, and we look forward to continuing to grow existing and new opportunities for meaningful connection as we move forward together.

Please mark your calendars:

- **October 21, 2026** - Planning for Two Lifetimes Webinar, presented by A Special Needs Plan
- **November 2, 2026** - Opportunities Fore! All Golf Classic
- **December 1, 2026** - Giving Tuesday and Triad Community Holiday Arts Fair
- **February 25, 2027** - Casino Night
- **April 20, 2027** - Charlotte Luncheon

Stay tuned for further details about upcoming community events and the various ways to participate and support our community.

STAY CONNECTED

If you have any questions or would like additional information, please contact Jodie Gisser, VP of Philanthropy, at Jodie.Gisser@MonarchNC.org or Hannah-Marie Wayne, Annual Fund Manager, at Hannah-Marie.Wayne@MonarchNC.org.

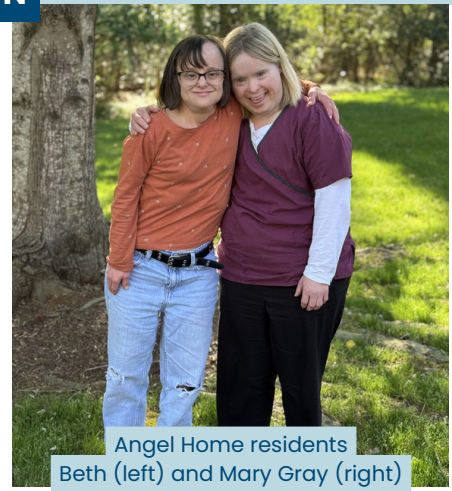
Learn more about the UMAR Legacy Fund and the many ways you can support its mission by visiting monarchnc.org/umar or scanning the QR code >>>



ANGEL HOME: BUILDING CONFIDENCE, INDEPENDENCE AND CONNECTION



The ladies of Angel Home



Angel Home residents
Beth (left) and Mary Gray (right)

At the end of each day, the six women who call Angel Home their home return with stories to share, accomplishments to celebrate and friendships that continue to grow. More than a residence, Angel Home is a place where independence takes shape and every day brings new opportunities to learn, connect and thrive.

Through Monarch Healthcare's Residential Services, residents build skills that support everyday life, from preparing meals and doing laundry to caring for shared spaces. Supported by a dedicated team of staff, they are encouraged to set goals and pursue greater independence both at home and in the community.

Several residents hold jobs, manage their finances and participate in activities that help them develop new skills. Beth Kennedy enjoys meeting new people through her work and takes pride in the independence it provides.

"I enjoy meeting people, socializing and doing something on my own," Beth said.

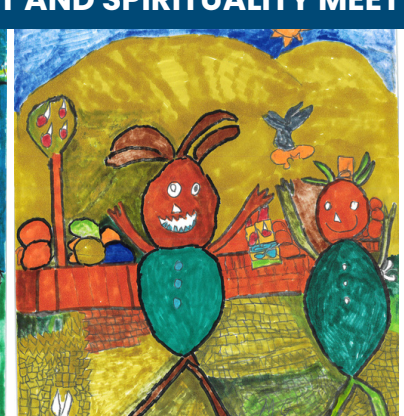
Mary Gray Daniel has reached an important milestone by traveling independently on public transportation to work, demonstrating the confidence and self-reliance she has developed along the way.

Life at Angel Home is also filled with fun and connection. Residents plan meals and grocery lists together and enjoy outings to local parks, bowling alleys, Carowinds and Boomerang Bay, creating memories while building confidence in community settings.

Residential Manager Angela McLendon sees those moments of growth every day. This job is about helping them become more independent and seeing them do things they didn't think they could do," she said.

For families, Angel Home provides reassurance that their loved ones are supported, valued and empowered to reach their goals. It is a place where confidence grows, friendships flourish and residents continue building a meaningful and fulfilling future. Read more about the wonderful ladies of Angel Home by visiting monarchnc.org/ah.

WHERE ART AND SPIRITUALITY MEET



Since 2018, the Counseling Center, a ministry of Christ Community Church in Pinehurst, has welcomed participants from Monarch Healthcare Creative Arts and Community Center (MCACC) to take part in its Suffering and Self-Care training. The partnership highlights the meaningful connection between artistic expression and spirituality.

Through demonstrations and creative engagement, MCACC artists share their talents while illustrating how art can provide a pathway for expressing emotions, processing life experiences and nurturing the spirit.

"Participants engaged in the demonstration, bringing moments of joy, testimony and connection," said Erin Johnson, director of the Counseling Center.

The experience creates meaningful conversations about resilience and wellness while giving Monarch participants an opportunity to share their gifts with the broader community. This longstanding partnership demonstrates the power of art to connect people, encourage healing and create moments of reflection that touch both the heart and spirit.