

Momentum



Generations of Love



For Debbie and Lisa Williams, the power of sisterhood overcomes any challenge, and together they continue their family's legacy of care, support and advocacy.





A MESSAGE FROM PEGGY TERHUNE, PH.D., MBA, OTR/L, CEO

Over the past several weeks, Monarch's President, Blake Martin, and I sat down with more than 20 North Carolina senators and representatives to advocate for the people we serve and for a state budget that keeps care available, accessible and affordable for all. With important budget decisions on the table, these conversations matter. Decisions made in the coming weeks will directly affect Medicaid funding and provider rates for organizations like Monarch, and ultimately the care we are able to provide.

During these conversations, we have emphasized **Monarch's innovative use of technology to improve outcomes while reducing costs.** We also highlighted several operational efficiencies and program adjustments that could help achieve the savings legislators are seeking within Medicaid funding, without compromising care.

Our goal has been simple: help legislators put faces and families in mind before they cast votes that influence care across our state. Advocacy is in Monarch's DNA; it's how we were founded, and it remains core to who we are today.

As lawmakers return to Raleigh this spring, we'll keep you updated — and we hope you'll lend your voice, too. **Please take a moment to sign up for our Action Alerts by scanning the QR code to the right > or visiting MonarchNC.org/advocate to learn more.**



BEHAVIORAL HEALTH SERVICES

The Road to Recovery

Stacey Price is living substance-free as he rebuilds his life after decades of addiction. His recovery began at **Monarch's Behavioral Health Outpatient Office in Raleigh.**

Price, who started using substances at 19, said he finally felt ready for change. **"I want[ed] to take advantage of everything possible for me, to help me to be a better person and to just discover new things about me," he said.**

At Monarch, he was paired with Care Manager **Rosa Pulley Bryant**, who became his guide through treatment and a steady presence. When Pulley suggested transitioning to another manager for scheduling reasons, Price refused. **"I said, 'Miss Rosa, as long as I got breath in my body, you're going to be a part of my life.'"**

With Monarch's support, Price has maintained sobriety for two years and prioritized his mental health. He recently earned a vehicle through Wheels 4 Hope. His greatest reward, though, has been rebuilding his relationship with his children, who encourage him daily.

Scan the QR code to read Stacey's story. >



ProgressStartsHere.org Launches

A new website, ProgressStartsHere.org, has launched to provide the community with information and updates about the **Stephen M. Morris Behavioral Health Center**, a new state-of-the-art facility, where care will be provided by Monarch, scheduled to open in mid-2026 in Cabarrus County.

Visit ProgressStartsHere.org to learn more about the life-changing programs and services that will serve kids, teens and adults in Cabarrus County and surrounding areas.



From Father to Daughters: A Caring Legacy

Growing up, **Ken Williams** watched his mother give generously to others and to her community. That early example of kindness shapes the way he lives and cares for his daughter, **Lisa Williams**, who was born with special needs. **Debbie Corbett**, Lisa's younger sister, remembers how their father centered family life around Lisa with steady love, protection and advocacy. Lisa, now a resident at Monarch's Hoffman Home, always knew she was supported and valued.

Ken never told Debbie she would one day take on a similar role in Lisa's life. He didn't have to. From her earliest days volunteering with Special Olympics, Debbie understood her father's example of giving back. Her relationship with Lisa is now one of the most important things in her life.

Now, as Lisa's primary support person, Debbie has stepped into her father's shoes. She has been by Lisa's side her entire life, but adulthood has deepened the meaning of that bond. Supporting Lisa's care, choices and well-being is not just a family responsibility; it is a calling for Debbie. Her commitment to Lisa extends far beyond her direct care. Debbie's work with Monarch — as a board member, donor, volunteer and advocate — has become an expression of her commitment to Lisa and all people living with I/DD.



"The impact shows up in the smiles on their faces and the brightness in their eyes, and the love that they give back," she said.

Debbie knows her involvement strengthens Lisa's quality of life, but she also understands something larger: every hour she gives and every dollar she helps raise shape a more inclusive, supportive world for people living with I/DD and their families.



Sibling Support Through Monarch

Many families like the Williams family are experiencing or anticipating a generational change in care for a brother or sister with intellectual and developmental disabilities (I/DD).

If Debbie and Lisa's story resonates with your family and you are interested in connecting with other siblings, please scan the QR code below to share your contact information. Joining Monarch's network of individuals will offer you meaningful connections as well as a supportive and safe environment to learn how to care for your loved one.



SUPPORTED EMPLOYMENT

SUCCESS SPOTLIGHT: Joanne Vincent

Joanne Vincent, a resident at Monarch's Hoke Home and a participant at Health Drive Day Program in New Bern, has something to celebrate.

After working at Moore's BBQ for the past nine years, Joanne was recently promoted to part-time assistant manager. Her boundless energy and her willingness to engage with customers were big factors in her promotion.

"At Moore's BBQ, I take care of the whole dining room and make sure all the customers are fed and [have their] drinks. My favorite [thing] is just being there for them and helping them out," said Joanne.

Meaningful employment in a job of one's choice can be life-changing, just like it has been for Joanne. To learn more about how Monarch supports employment for people living with intellectual and developmental disabilities, scan the QR code here. >





350 Pee Dee Avenue, Suite 101
Albemarle, North Carolina 28001

COMING THIS SUMMER!

**Chatham Opportunities
Center Day Program will
open to serve people with
I/DD in Chatham County
and the surrounding area.**

**Watch MonarchNC.org
for details!**



2026 CHARLOTTE LUNCHEON
A fundraising event benefiting the UMAR Legacy Fund!

**Meet the People
in your Neighborhood!**

Tuesday, April 21
11:30 Art Sale & 12:30 Luncheon

Visit MonarchNC.org/events or scan the QR code to RSVP!