

# North Carolina's 1915(i) Services

*Understanding the support and services available to individuals living with I/DD, mental illness and substance use disorders.*



*Brought to you as a resource from our Mental Health Awareness Month campaign.*

## PRESENTERS



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# Participant Poll: Who's in the Room?

We'd love to know who's joining us today! Please take a moment to respond to the poll that pops up on your screen. Your response is anonymous and helps us tailor this presentation to better meet your needs.

Select the option that best describes you.

- **MCO Representative**  
*You work for a regional Medicaid-managed care organization.*
- **Service Provider or Agency Staff**  
*You work for a provider like Monarch or another agency.*
- **Family Member or Caregiver**  
*You care for someone receiving services.*
- **Person Seeking or Receiving Services**  
*You're here to learn more or receive support.*
- **Community Member or Advocate**  
*You're part of the broader support network.*
- **Other**  
*You don't fit the above categories.*

# About Monarch

## Our Mission

Monarch provides hope, promotes wellness and empowers individuals and families impacted by mental illness, substance use disorders, intellectual and developmental disabilities and traumatic brain injury.

## Our Vision

Monarch envisions a world where all people can achieve their unique potential.

## Our Values

- Integrity
- Compassion
- Respect
- Excellence
- Courage
- Innovation

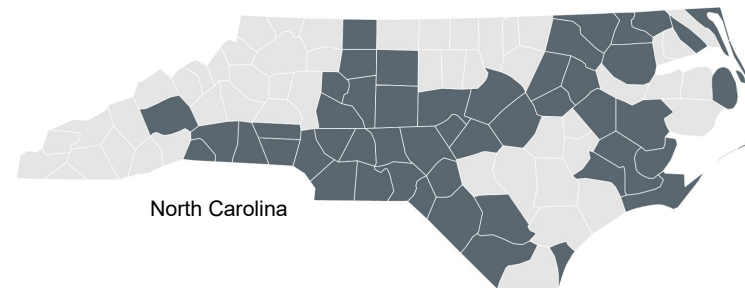
## Who We Are

Established in 1958, Monarch is a leading provider of behavioral health services in North Carolina, serving more than 27,000 people annually. Monarch has received The Gold Seal of Approval® from The Joint Commission, indicating the alignment with the highest quality standards in health care delivery.



## Where We Are

Monarch provides innovative, life-changing services at more than 130 physical locations in 46 counties across North Carolina. Monarch can support people in every county in North Carolina through our virtual telehealth network. Monarch also expanded services to Rhode Island in 2024.



# What is 1915(i)?

1915(i) is a NC Medicaid State Plan Amendment for an array of services for people receiving Tailored Plan (formally LME-MCO) Medicaid.



# Who is eligible?

Eligibility for 1915(i) services varies on a benefit-by-benefit basis. Eligible populations include beneficiaries with an intellectual and developmental disability (I/DD), traumatic brain injury (TBI), serious mental illness (SMI), serious emotional disturbance (SED) or severe substance use disorder (SUD) who meet need-based criteria set by the Department\*.

	I/DD	SED	SMI	SUD	TBI
<b>Community Living and Support</b>	✓				✓
<b>Community Transition</b>	✓		✓	✓	✓
<b>Individual and Transitional Support</b>		✓ ages 16-21	✓ ages 18+	✓	
<b>Respite</b>	✓	✓ ages 3-20		✓ ages 3-20	✓
<b>Supported Employment</b>	✓ ages 16+	✓ ages 16+	✓ ages 16+	✓ ages 16+	✓ ages 16+



Needs-Based Criteria
<ul style="list-style-type: none"> <li>• Have a functional deficit</li> <li>• Can benefit from skill acquisition (e.g., self determination, independent living) <b>or</b></li> <li>• Can benefit from assistance in monitoring a health condition/living skills</li> </ul>
<ul style="list-style-type: none"> <li>• Moving to own community living arrangement and need initial set-up expenses/items</li> </ul>
<ul style="list-style-type: none"> <li>• At least one deficit in an instrumental activity of daily living (e.g., meal preparation)</li> </ul>
<ul style="list-style-type: none"> <li>• Unable to care for themselves in the absence of their primary caregiver</li> </ul>
<ul style="list-style-type: none"> <li>• Express the desire to work</li> <li>• Has a pattern of under/unemployment <b>or</b></li> <li>• Have educational goals that relate to employment goals</li> </ul>

\*Beneficiaries are not required to meet an institutional level of care to be eligible for 1915(i) benefits.

# What is the process?

1

## **Beneficiary Need Identified**

- Beneficiary visits PCP, BH, I/DD or other provider.
- PCP, BH, I/DD or other provider identifies that the beneficiary needs a 1915(i) service.
- PCP, BH, I/DD or other provider refers beneficiary to their care manager to determine eligibility



2

## **Independent Assessment**

- The beneficiary's tailored care manager, either at a Tailored Plan or AMH+/CMA, conducts the independent assessment in order to identify the beneficiary's needed services and supports, inform the independent evaluation of 1915(i) eligibility, and inform a Care Plan/ISP.



3

## **Independent Evaluation**

- The beneficiary's care manager submits the independent assessment to Carelon, who will collect assessments for the Department.
- The Department will subsequently conduct the standardized independent evaluation to determine if beneficiary meets needs-based eligibility criteria for 1915(i) services.



6

## **Service Delivery & Care Coordination**

- The care manager follows up with 1915(i) service provider(s) to implement the authorized 1915(i) service(s) according to the Care Plan/ISP.
- The care manager provides ongoing care coordination.



5

## **Prior Authorization**

- The care manager submits completed Care Plan/ISP to the beneficiary's Tailored Plan for review.
- The beneficiary's Tailored Plan conducts prior authorization of the 1915 service(s).



4

## **Care Plan/ISP**

- The care manager assists the beneficiary in identifying 1915(i) service provider(s).
- The care manager develops the Care Plan/ISP with the beneficiary and other identified representatives.
- The care manager ensures the Care Plan/ISP reflects the beneficiary's:
  - needed services and supports
  - preferences for the delivery of services and
  - name of the service provider.



# 1915(i) Assessment

Assessment is completed by the identified Care Manager and screens for:



Functional Needs and Daily Living Skills



Health and Safety Considerations



Behavioral Health and Cognitive Functioning



Community Integration and Social Supports



Service Needs and Goals

# Supported Employment for I/DD and TBI



**Support for individual with an intellectual or developmental disability or traumatic brain injury to choose, acquire and maintain a job.**

**Ages:**  
16+

**Diagnosis:**

Intellectual or developmental disability (I/DD), intellectual disability (ID), a genetically diagnosed syndrome (ex: Down syndrome) or a traumatic brain injury.

**Requiring Assistance to:**

Explore, seek, choose, acquire, maintain or advance in competitive employment, including self-employment

**Prior Approval IS Required:**

Must submit a CMCA, Care Plan / ISP and 1915(i) assessment to the Tailored Plan

# Individual Placement and Support (IPS)



**Individual Placement and Support (IPS) is a service with a focus on employment and education for people with significant behavioral health needs, including mental illness or substance use disorders, who want to work.**

**Ages:**

16+

**Diagnosis:**

Serious mental illness (SMI), serious and persistent mental illness (SPMI) or severe substance use disorder (SUD)

**Individual has:**

Expressed a desire to work; has an established pattern of unemployment or under employment; educational goals that relate to employment

**Prior Approval IS NOT Required:**

Care Plan / ISP and 1915(i) assessment must still be submitted to the Tailored Plan

# Individual Transitional Support



**ITS is a direct-one-on-one service to support a person with a serious mental illness or substance use disorder to improve ability to manage daily activities of living.**

**Ages:**

16+

**Diagnosis:**

Serious mental illness (SMI), serious and persistent mental illness (SPMI), serious emotional disorder (SED) or severe substance use disorder (SUD)

**Individual has needs related to:**

Adaptive skills; employment; education; financial management; health management; housing; self-care; treatment or medication adherence.

**Prior Approval IS NOT Required:**

Care Plan / ISP and 1915(i) assessment must still be submitted to the Tailored Plan

# Respite



**Respite provides temporary, periodic support for caregivers of people with I/DD, mental illness or substance use disorders.**

**Ages:**

3 to 21 with mental illness or substance use disorder diagnosis  
3 and older with an I/DD or TBI diagnosis

**Diagnosis:**

Serious emotional disturbance (SED), substance use disorder (SUD), intellectual or developmental disability (I/DD) or traumatic brain injury (TBI)

**Individual needs:**

Supervision due to diagnosis and caregiver needs periodic relief from caregiving; support when no other natural supports or relief are available.

**Prior Approval IS Required:**

Prior Approval Required – must submit CMCA, Care Plan/ISP and 1915(i) assessment to the Tailored Plan

# Community Living and Support (CLS)



**CLS is an individualized or group service supporting individuals with I/DD to live in their own home or their family's home and be actively engaged in the community.**

**Ages:**

3 and older

**Diagnosis:**

Intellectual or developmental disability (I/DD), intellectual disability (ID), a genetically diagnosed syndrome (ex: Down syndrome) or a traumatic brain injury.

**Individual will benefit from:**

Skill acquisition and development and supervision to enhance independent living, community living, self-care and self-determination; support for health conditions, daily living skills and community participation.

**Prior Approval IS Required:**

Must submit CMCA, Care Plan/ISP and 1915(i) assessment to the Tailored Plan

# Community Transition



**Community Transition provides funding for one-time, initial set up of expenses for someone transitioning from an institutional setting into their own apartment.**

**Ages:**

18 and older

**Diagnosis:**

Intellectual or developmental disability (I/DD), intellectual disability (ID), serious mental illness (SMI) or severe substance use disorder (SUD)

**Individual is:**

Transitioning to an independent living setting and is responsible for his/her/their own living expenses in a home or apartment with their own or legal guardian's name on the lease.

**Prior Approval IS Required:**

Must submit CMCA, Care Plan/ISP and 1915(i) assessment to the Tailored Plan

# Questions?

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*Visit [MonarchNC.org](https://MonarchNC.org) or scan the QR code to find this recorded session and access other resources made available throughout Mental Health Awareness Month.*



## PRESENTERS



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# Lunch & Learn Series

Have a topic you'd like to see us cover in a future session?

Scan the QR code or visit [bit.ly/MonarchLunchandLearnSeries](https://bit.ly/MonarchLunchandLearnSeries) to share your suggestions!



*Thank You for Attending Today's Session!*



## FACILITATOR



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